



WHAT IS NOW?

Pueblo Cooperative Care Center offers the Nutrition on Wheels or **now** program for homebound residents in Pueblo County. The objective is to increase nutritional supports for individuals who have no consistent means of accessing *sustainable* food resources. **now** is intended to help keep homebound individuals healthy and in their own homes if possible. Aside from delivering supplemental nutritional foods and a peace of mind, **now** provides clients with a friendly smile and serves as an important welfare and safety check at the time of delivery.

HOW DO I GET NOW?

now offers Pueblo County residents monthly homebound services when registered through Pueblo Cooperative Care Center. Access to these services can be requested at Pueblo Cooperative Care Center, or through local participating churches, agencies or businesses. Caring volunteers will pack available nutritious foods, which include items from Pueblo Cooperative Care Center, Care and Share of Southern Colorado, and The Emergency Food Assistance Program (TEFAP) supported by the U.S. Department of Agriculture. Foods are delivered directly to the recipient's door.



Serving the Homebound in Pueblo County

DO I QUALIFY FOR NOW?

Homebound adults 60 years of age or older who reside in Pueblo County qualify for **now** services. To receive **now**, an individual must be homebound and unable to access basic need services without transportation and assistance. Receiving **now** can be short or long-term in duration or to meet an emergency referral need. It is a requirement for every **now** client to reside in Pueblo County.

** The definition of homebound is "an individual is unable to leave the home without considerable difficulty and assistance. The individual may leave the home for infrequent absences for medical or non-medical reasons, but transportation and support resources are required."*

NOW – WHAT IS THE COST?

There is no cost for individuals who are homebound to receive **now** services – but they must qualify. Churches, civic groups and others who know of potential recipients, or those who would like to help with sponsorships for individuals with this program may contact **now** Client Services at Pueblo Cooperative Care Center. Feel free to contact **now** by calling (719) 543-7484 or email now@cooperativecare.org.



**touch a heart
make a difference
NOW!**

NOW + PLUS

NOW + PLUS works to meet additional needs of clients by offering ancillary services which include holiday and birthday cards, health and hygiene products, liquid nutritional and protein supplements (as available) for clients needing additional calories or protein due to unintentional weight loss, cancer or more. **NOW + PLUS** offers referrals to case management services and provides reliable community resources for an individual to get additional support.

